



**October 2022 Parent Newsletter
Beechwood Knoll Elementary School**

Monday	Tuesday	Wednesday	Thursday	Friday
3 Grade 4 Quincy History Presentation Extended Day Begins School Council Meeting 8:30-9:30 PTO Meeting 6-7	4 Grade 4 Quincy History Presentation <div style="border: 1px solid blue; padding: 5px; text-align: center;">Yom Kippur</div>	5 <i>Early Release 11:55 am</i>	6	7 Fall Benchmark Testing Ends
10 <div style="border: 1px solid blue; padding: 5px; text-align: center;"> No School Columbus Day Indigenous People Day </div>	11	12 <i>Early Release 11:55 am</i>	13	14
17 Big Smiles Dentist Citywide PTO 7-8	18	19 <i>Early Release 11:55 am</i>	20	21 <div style="border: 1px solid blue; padding: 5px; text-align: center;"> October 22 Make A Difference Day </div>
24 <div style="border: 1px solid blue; padding: 5px; text-align: center;"> Diwali Festival </div> <div style="border: 1px solid blue; padding: 5px; text-align: center;"> United Nations Day </div>	25	26 <i>Early Release 11:55 am</i> Flu Clinic 2-4	27	28 Grade 3 Pumpkin Exploration Trunk or Treat PTO Event
31 <div style="border: 1px solid blue; padding: 5px; text-align: center;"> Halloween </div>	<div style="border: 1px solid blue; padding: 5px; text-align: center;"> October 2 - National Custodian Day </div> <div style="border: 1px solid blue; padding: 5px; text-align: center;"> Global Diversity Awareness Month </div> <div style="border: 1px solid blue; padding: 5px; text-align: center;"> Filipino American History Month </div>			

Principal

Marisa Rodriguez

Acting Assistant

Principal

Laura Latini

Secretary

Katie DeLancey

Nurse

Debbie Cerone

617-984-8632

deborahcerone@

quincypublicschools.com

Guidance

Maura Hurst

School Hours:

M, T, Th, F

8:15am - 2:30pm

Wednesday

Early Release

8:15am - 11:55am

BKS Info:

225 Fenno Street

Quincy, MA 02171

Tel:

617-984-8781

Fax: 617-984-8636

Counselor's Corner

There are a lot of great parts about my job as school counselor at Beechwood. One of my favorites however is the opportunity to provide social-emotional learning opportunities for students.

What is Social-Emotional Learning?

“Social-emotional learning (SEL) is the process of developing the self-awareness, self-control, and interpersonal skills that are vital for school, work, and life success.” (cfchildren.org)

Simply stated, SEL teaches students to manage their emotions, have empathy for others, solve problems, make responsible decisions, and maintain healthy relationships. Developing these skills can lead to better academics and better behaviors. These skills can help lead to greater success in school and beyond.

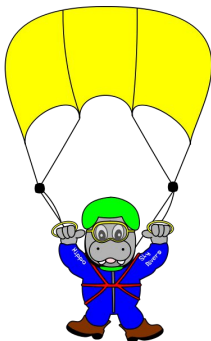
Check out this video if you want to learn more: <https://youtu.be/OPwzFiuR1m8>

Open Parachute

QPS have provided a new program, *Open Parachute*, for us to use to provide social-emotional learning in the classroom. Open Parachute is a video-based program that supports the mental health of our students. Topics range from feelings and relationships to problem solving to personal safety. I am looking forward to diving into this program with the students and learning together.

There is a parent component to Open Parachute that I hope to share with you as the year goes on. If you are interested in learning more now, check out this parent resources site:

<https://learn.openparachuteschools.com/program/PhLQEFtzs4o62kTCTLRIO>



Happy Fall!

Maura Hurst
School Counselor



Nurse's Message

Quincy Public Schools has partnered with Smile Massachusetts the mobile dentists to offer in-school dental care. There is no cost to you if your child is insured with MASSHEALTH/ CHILDREN'S MEDICAL SECURITY PLAN. Private insurance is also accepted and self-pay options are available.

Please note if you are currently followed by a dentist but have not been seen in six months, you may still participate in this program. This program is only for children who have **NOT** seen a dentist in the last **6** months. **If you do not have a dentist this program is for you.**

Forms will be coming home this week and **ONLY** need to be returned if you would like to participate.

DATE OF DENTIST VISIT: Monday, October 17, 2022

Quincy Public Schools has partnered with Walgreens to provide free flu shots. Appointments can be made online directly with Walgreens. Information will be sent home via school messenger.

DATE OF FLU CLINIC: Wednesday, October 26, 2022 2:00 PM – 4:00 PM

Please be aware that school screenings will be occurring throughout the month of October. Your child's attendance is vital to their success. Please make every effort to send your child to school. **It is important that all students who wear glasses bring them to school and wear them.** You will be notified by the Health Office, as soon as possible, regarding any visual or hearing deficiency after your child has been re-tested. Thank you for your cooperation regarding this matter. Please call me if you have any questions.

Mrs. Cerone, MSN, RN

FREE FLU SHOTS

WHERE: BEECHWOOD ELEMENTARY SCHOOL

WHO: BEECHWOOD STAFF, STUDENTS AND FAMILY!

(Parent needs to accompany student)

WHEN: Wednesday, OCTOBER 26TH!

TIME: 2:00 PM – 4:00 PM

HOW DO I SIGN UP?

1. Scan QR Code now to **schedule your appointment**
2. Then either print form or call health office for form for you to fill out and bring completed with your insurance card for your free flu shot
3. Please arrive on time.



BKS Extended Day

KINDERGARTEN & GRADE 1: BOARD GAME BONANZA - MONDAYS 2:30-3:30

GRADE 1: FIRST GRADE FUN WITH MATH GAMES - MONDAYS 2:30-3:30

GRADE 1: FIRST GRADE LITERACY GAMES - THURSDAYS 7:30-8:15

GRADE 2: FUN WITH STEAM - TUESDAYS 2:30 - 3:30

GRADE 2: MORNING MEDIA - MONDAYS & TUESDAYS 7:30-8:15

GRADE 3: MORNING MEDIA - WEDNESDAYS & THURSDAYS 7:30-8:15

GRADE 3: LEGO EXPLORATION - THURSDAYS 2:30-3:30

GRADES 3 & 4: PROJECT ADVENTURE - TUESDAYS 2:30 - 3:30

GRADES 4 & 5: CONFIDENCE CLUB - MONDAYS 2:30-3:30

GRADE 5: LEGO EXPLORATION - TUESDAYS 2:30-3:30

GRADES 2-5: BOKS - TUESDAYS & WEDNESDAYS 7:15-8:15

*Session 1:
Week of October 3
to November 18*

PTO Page

Websites:

bkspto.weebly.com/

m.facebook.com/groups/BKSPTO/

This Month's Events:

- Monday, October 3, 2022 from 6:00 to 7:00 pm

PTO Meeting

Zoom Link:

<https://quincypublicschools.zoom.us/j/8021462689?pwd=UzAxOm9oNzBTNkg4N1drMWNlWWJBdz09>

Meeting ID: 802 146 2689 Passcode: BKS

- Friday, October 28, 2022 in the evening

Trunk or Treat

Beechwood Knoll Parking Lot

- Ways to support PTO: **Box tops!** *See pages at the end of the newsletter!*

Citywide:

- Monday, October 17, 2022 from 7:00 to 8:00 pm

Citywide PTO Meeting

Zoom Link: <https://www.quincycitywidepto.com/>

- See resources page for EDI Subcommittee, ELPAC, QPAC*



BKS FAMILIES!

TO HELP MAKE OUR ANNUAL TRUNK OR
TREAT A SUCCESS, WE NEED YOUR
HELP!

THERE ARE 3 THINGS YOU CAN HELP WITH:

* DONATE CANDY (BY OCTOBER 15TH!- BOXES
WILL BE WEIGHED PER GRADE FOR A PRIZE!)

* DECORATE YOUR CAR FOR THE EVENT

* MAKE A MONETARY DONATION TO HELP
PURCHASE CANDY



Car sign ups will be posted on
the BKS PTO page

BEECHWOOD KNOLL ELEMENTARY SCHOOL

PTO MEETING & EVENT DATES

September	Friday, September 16	BKS Moving Night
October	<i>Monday, October 3</i>	<i>PTO Meeting</i>
	Friday, October 28	Trunk or Treat
November	<i>Monday, November 14</i>	<i>PTO Meeting</i>
December	Date TBD	Winter Holidays Event
January	<i>Monday, January 9</i>	<i>PTO Meeting</i>
February	Date TBD	Chinese/Lunar New Year Event
March	<i>Monday, March 6</i>	<i>PTO Meeting</i>
April	Date TBD	Spring Event
May	<i>Monday, May 8</i>	<i>PTO Meeting</i>
June	Date TBD	End of Year Event

All meetings will be held on Zoom from 6:00 - 7:00 p. m.

Join Zoom Meeting

<https://quincypublicschools.zoom.us/j/8021462689?pwd=UzAxQm9oNzBTNkg4N1drMWNLWWJBdz09>

Meeting ID: 802 146 2689 **Passcode:** BKS

PTO (Parent Teacher Organization): A collaboration of parents/guardians and teachers that work towards organizing school events and help schools to fundraise. PTOs hold meetings from September to June, and parents/guardians can use this forum to raise any concerns. There are two co-presidents and two treasurers who are typically elected by parent/guardian vote in May.

Citywide Resources

Check out these resources for Quincy families.



Citywide PTO



EDI Subcommittee of the Citywide PTO



ELPAC



QPAC



EARN CASH FOR SCHOOLS WITH BOX TOPS

TOGETHER, WE CAN MAKE A BIG DIFFERENCE

For over 25 years, Box Tops for Education has given families an easy way to earn for schools with products they already buy. Today, you can find thousands of participating products throughout the store — and all you need is the Box Tops app.



HERE'S HOW IT WORKS:



BUY BOX TOPS PRODUCTS

Earn for schools with the brands you love.



SCAN YOUR RECEIPT

Use the Box Tops app to submit your receipt within 14 days of purchase.



EARN CASH FOR SCHOOLS

Box Tops products are identified and earnings are credited online.



ONLINE SHOPPERS CAN EARN WITH BOX TOPS, TOO!

Whether you order groceries for delivery or pickup, shop through your store's app, or request an email receipt at checkout, you can earn for your school no matter where you shop.

SEE PRODUCTS & LEARN MORE ABOUT THE BOX TOPS APP AT BTFE.COM

DON'T HAVE THE BOX TOPS APP YET? DOWNLOAD IT NOW:





BOX TOPICS

SEPTEMBER
2022

Easy ways to make a difference for your school.



NATIONAL BOX TOPS WEEK

SEPT 19-25

DOUBLE BOX TOPS

It's a week to celebrate the power of Box Tops, grow the program at your school and double your impact. From September 19-25, buy Box Tops products, scan your receipts with the Box Tops app and earn **DOUBLE Box Tops** for your school. Excludes bonus offers.

- ▶ See a list of products at [BTFE.com/products](https://www.btfec.com/products)

REFER-A-FRIEND BONUS

But that's not all...refer a friend to sign up for Box Tops during National Box Tops Week and you'll **BOTH** earn **\$5 for your school** when they scan their first receipt. It's that easy!

- ▶ **Invite a friend now:** In the Box Tops app, tap on the profile icon in the top corner of the home screen, then tap on "Invite Friends" to get your unique referral code.

See the Box Tops app for full details and limitations.



BUY 4 EARN 4

Now through November 30, earn 4 Bonus Box Tops when you buy any 4 Box Tops products in one transaction. It's a great chance to stock your pantry and earn extra cash for your school, too. **PLUS**, look for coupons on select General Mills products and save up to \$4 on Box Tops cereals, snacks and more.

Purchase by 10/30/22. Limit 1 claim per participant per 7 days. This offer excludes single serve cups of yogurt and extra dairy snacks, Nestle, Paper Mate and Lysol products. Offer valid while supplies last.



**GET THE BOX TOPS APP
AND START EARNING FOR
YOUR SCHOOL TODAY!**





QUINCY PUBLIC SCHOOLS

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Kevin Mulvey, J.D., Superintendent

QUINCY PUBLIC SCHOOLS

Traffic Safety Reminders for Students, Staff, and Parents

from the Office of Safety, Security and Transportation

Plan your walking route to cross at locations with an assigned Quincy Police Traffic Supervisor or Officer whenever possible.

General Traffic Safety Reminders:

- *Cross at street corners or marked crosswalks, not in the middle of the road or out from between parked cars.
- *If you are at a traffic signal, push the button to activate the **“WALK”** signal before crossing.
- *Look left-right-left for traffic before crossing the street.
- *Wait for vehicles to come to a complete stop before stepping into the street.
- *Walk carefully to avoid tripping and falling.
- *Be aware of your surroundings: don't walk and text or wear headphones that block the sounds around you.

Quincy Public Schools wants you to STAY SAFE!!!

A message from Safety, Security, and Transportation Director Michael Draicchio

Quincy Public Schools does not discriminate on the basis of race, color, sex, sexual orientation, gender identity, religion, national origin, or handicap, in its educational activities or employment practices.

Expected Behavior of the Month

October

**Respect for others
in the hallway**

Use a whisper voice

Control your body

