## **Principal** Marisa Rodriguez **Assistant Principal** Laura Latini **Secretary** Katie DeLancey **Nurse** Debbie Cerone 617-984-8632 deborahcerone@ quincypublicschools.com **Guidance** Maura Hurst **School Hours:** M, T, Th, F 8:15am - 2:30pm Wednesday Early Release 8:15am - 11:55am **BKS Info:** 225 Fenno Street Quincy, MA 02171 Telephone: 617-984-8781 Fax: 617-984-8636

a >400

		Beechwood Knoll Elementary School				
Monday	Tuesday	Wednesday	Thursday	Friday		
Women's Hi  National De  Disability Awa		PBIS ASSEMBLY  Early Release 11:55 am	QPS English Learner Parent Advisory Council Meeting 6:00pm  March 2 Nation Across America			
6 Last day of Quincy Rec Grade 5 End of Year Planning Meeting 5:15pm & PTO Meeting 6pm	7 Lego Robotics Begins - Grade 5	8 Grade 4 REACH  Early Release 11:55 am  Holi	9	BKS Session 2 Extended Day Programs End		
13 CTP Screening for APC	14	15 Early Release 11:55 am	16	St. Patrick's Day		
Spring Equinox  Gr. 3 Quincy Historical  Citywide PTO 7-8	Nowruz	Early Release 11:55 am Ugadi Ramadan	23 Grades 3-5 Whale Exhibit	Term 2 Report Cards Published in Aspen *printed by request only		
27 Citywide PTO EDI Meeting 7-8	28	29  Early Release 11:55 am	30	31		

**March 2023 Family Newsletter** 

### **Counselor's Corner**

I was recently listening to a podcast (*Pantsuit Politics*, February 24, 2023) during which the hosts interviewed Dr. Kathleen Ethier about the CDC's most recent survey on teen mental health. The survey of high schoolers conducted in 2021 documented what so many of us already know- there are significant concerns about the mental health of teens.

This discussion made me wonder about what can be done on the elementary school level to help our kids who will be teens before we know it. Dr. Ethier had some suggestions that addressed my exact question. Dr. Ethier suggests "from a very early age talking to your children about their feelings, their emotions, their well-being, sets the stage for being able to talk about this thing when they're teenagers positively and negatively."

Helping kids learn to identify their emotions, affirm those emotions, and help them navigate through them at a young age will hopefully help them feel comfortable doing the same as their emotions become more complex. We will have helped them develop the language and skills to talk about their needs. Hopefully along the way we will have built connections that will also reduce the stigma of talking to an adult when they need help.

Learning to identify and name their feelings is a major goal of my time with the students. I also try to establish connections with students that foster a comfortable rapport so they will feel safe coming to me for help when they need it. I have found that when students can pause and name their feelings, it is a major step towards calming down. Once they are calm, they can start to think about how to solve their problem.

I once received the advice to "listen to the little things when they are little so they will talk about the big things when they are big." Perhaps this is what the CDC survey result can teach us.

As always, I am here to partner with you. Please reach out if I can support your family.

Maura Hurst School Counselor





## Nurse's Message

I can not believe March is here. The days are longer, brighter and the first day of Spring is March 20th.

As we head out of cold and flu season I wanted to share some COVID reminders. I have a large amount of COVID tests. Their expiration dates have been extended through September. If you find yourself looking for some please send me an email and I can send them home with your child. My office needs to be alerted for a COVID positive result only. If your child is COVID positive they must stay home for 5 days. Test day is Day 0. If they test negative prior to returning no mask is needed when they come back to school. If they remain positive they can return on Day 6, but must mask through Day 10. If we receive a further up date regarding this protocol I will send out the new information.

School sick rules remain in place. Child must be fever free and without symptoms (vomiting, diarrhea) for 24 hours prior to the start of the school day. If your child will be absent from school please call the main office or my number and provide a reason for their absence.

March weather is fickle. We still may be cold in the morning, but warm up in the afternoon. If you are missing clothing items please check our lost and found. If you find your child has grown and no longer fits their winter coat we do have a supply in the school and we can provide them with a new one.

Thank you as always for communicating any illness, injury or concerns you may have for your child during the school day. If you need help or are in need of suggestions to help your child, please feel free to call the health office. My phone number is 617-984-8632 or email <a href="mailto:deborahcerone@quincypublicschools.com">deborahcerone@quincypublicschools.com</a>

I greatly appreciate your help in keeping our kids healthy and learning.

Mrs. Cerone, MSN, RN 617-984-8632 deborahcerone@quincypublicschools.com

## **PTO Page**

Websites:

<u>bkspto.weebly.com</u> <u>m.facebook.com/groups/BKSPTO</u>

#### This Month's Events:

• Monday, March 6, 2023 at 5:15pm

**Grade 5 End of Year Planning Meeting for Families** 

Zoom Link:

https://quincypublicschools.zoom.us/j/8021462689?pwd=UzAxQm9oNzBTNkg4N1drMW

NLWWJBdz09

Meeting ID: 802 146 2689

Passcode: BKS

Monday, March 6, 2023 from 6:00 to 7:00pm

**PTO Meeting** 

Zoom Link:

https://quincypublicschools.zoom.us/j/8021462689?pwd=UzAxQm9oNzBTNkg4N1drMW

NLWWJBdz09

Meeting ID: 802 146 2689

Passcode: BKS

• Ways to support PTO: **Amazon** 

See flier on the next page for more information

#### Citywide:

• Thursday, March 2, 2023 at 6:00 pm

**English Learner Parent Advisory Council Meeting** 

Zoom link:

https://quincypublicschools.zoom.us/j/81404056864?pwd=bTY5OGF2czdjcXQyNlNFY1J5

YW1VZz09

Meeting ID: 814 0405 6864

Passcode: 010305

Email: elpacquincypublicschool@gmail.com

Monday, March 20, 2023 from 7:00 to 8:00 pm

**Citywide PTO Meeting** 

Zoom Link: <a href="https://www.quincycitywidepto.com/">https://www.quincycitywidepto.com/</a>

• Monday, March 27, 2023 from 7:00 to 8:00 pm

**Citywide PTO EDI Subcommittee Meeting** 

Zoom Link: <a href="https://www.quincycitywidepto.com/">https://www.quincycitywidepto.com/</a>

## PTO Page: Ways to Support our PTO

#### Amazon closing AmazonSmile program February 20, 2023.

Amazon is closing AmazonSmile to focus its philanthropic giving to programs with greater impact. The good thing is that they'll give a one-time donation equivalent to three months one last time:

To help charities that have been a part of the AmazonSmile program with this transition, we will be providing them with a one-time donation equivalent to three months of what they earned in 2022 through the program, and they will also be able to accrue additional donations until the program officially closes in February. Once AmazonSmile closes, charities will still be able to seek support from Amazon customers by creating their own wish lists.

For more information about the closing of AmazonSmile, visit their website: <a href="https://www.aboutamazon.com/news/company-news/amazon-closing-amazonsmile-to-focus-its-philanthropic-giving-to-programs-with-greater-impact">https://www.aboutamazon.com/news/company-news/amazon-closing-amazonsmile-to-focus-its-philanthropic-giving-to-programs-with-greater-impact</a>



Stay tuned for Amazon Wish Lists from our PTO!

## **Beechwood Knoll Elementary School Arrival and Dismissal Protocols**

#### **★** Walking

 Many of our families walk to school. All members of the Beechwood Knoll Community <u>must use crosswalks</u> when arriving and leaving the school. Please help your child learn the <u>safe</u> way to cross the street. Our Quincy Police Department crossing guard will assist you at our front intersection both before and after school

#### **★** Driving

- When driving to Beechwood Knoll, you have the option to drop-off or park
- o Drop Off:
  - O Cars that are dropping off students for arrival will pull into the main Beechwood parking lot by the playground. Cars will remain on the right hand side, following the drop off sign to guide you. Families will stop their car completely and students will exit the vehicle on the sidewalk side only. Cars will then continue driving through the right side of the parking lot and loop around to exit on the left hand side. Cars cannot be parked in the drop off area. Cars cannot stop on Fenno Street for drop off.
  - Please note, the drop off area is closed during dismissal time due to pick up of our after school programs. Thank you!

#### • Parking for Arrival and Dismissal:

- Families that would like to park their car to drop off or pick up their child can do so along the neighboring streets of Beechwood Knoll. Please be mindful of all city parking sign regulations.
- Please refrain from parking in the parking lot around the playground as this is used for staff as well as the drop off area.
- U-turns are <u>not</u> permitted at any time.

#### ★ Rain

- Arrival: In the event of rain at morning arrival, we will open the main door at 8:10 am for students to wait inside. Please do not arrive prior to 8:10 am. We will allow for students to arrive a few minutes after 8:15 am as we know travel in the rain can also be slower
- O Dismissal: In the event of rain at pick up, we will dismiss as usual.

The routines of arrival and dismissal of all schools is being continuously monitored by the Quincy Police Department and Quincy Public Schools School Committee, any updates will be shared with families.

	Beechwood Knoll E				
Staff Listing 2022-2023					
Office Staff		Student Support Staff			
Mrs. Marisa Rodriguez	Principal	Mrs. Maura Hurst	Guidance		
Mrs. Laura Latini	Acting Assistant Principal	Mrs. Kathleen DeMayo	Literacy		
Mrs. Katie DeLancey	Secretary	Mrs. Lori Higgins	Resource Teacher		
Mrs. Debbie Cerone	Nurse	Ms. Patricia Stacpoole-Gilmartin	EL		
Mis. Debbie Cerone	114130	Ms. Yao Zeng	EL		
		Ms. Shirley Tan	Psychologist		
Kindergarten		Mr. Thomas Whittico	Speech		
Mrs. Lauren Lindsay	Room 15	Lauren Perez	Physical Therapy		
Ms. K Moy/Mrs. Eileen Cardoso	Room Sawyer 1	Amy Danick	Occupational Therapy		
Gina Amaral	Room Sawyer 2	Debbie Donelin	Cafeteria Manager		
		Julie Campbell	Math Interventionist		
		Kim Walsh	Digital Literacy		
Grade 1		Mrs. Rebecca Cordero	REACH		
Colleen Monahan-White	Room 16				
Mrs. Tracy Ciulla	Room 17	Specialists			
Mrs. Marion Sullivan	Room 18	Dianora Bennett	Art		
		Catherine Healy	Art		
		Mrs. Katelyn Downey	Music		
Grade 2		Robin Franceschini	P.E.		
Debra DeAngelis	Room 10	Caitlyn Schmidt	Band		
Ms. Lisa Vallatini	Room 19	Mrs. Tara Kennedy	Media		
Mrs. Katie Connolly	Room 20	2	100000000000000000000000000000000000000		
		Custodians			
		Mr. Dave Kiley			
Grade 3		Mr. Jay DeBartolo			
Mrs. Mary Lynne DePaolo	Room 5				
Ms. Catherine Connolly	Room 6	Para-Professionals			
Mrs. Erin Gerry	Room 8	Lina Balsamo	Room Sawyer 1		
	And the same of th	Jo-Anne Flores	Room Sawyer 2		
Grade 4		Min Zhi (GiGi) Xu	Room 15		
Mrs. Laura Mulcahy	Room 1	Phyllis Kozlowski	Room 15		
Ms. Kelsey Bina	Room 2				
Gregory Caswell	Room 3				
		Crossing Guard			
		Tricia Rooney			
Grade 5					
Mrs. Laura Latini	Room 4	IT Support			
Karen Kelliher	Room 7	Kwan Chie Tia			

Room 9

Ms. Lesley Coughlin



# Quincy Public Schools is Hiring!

- . Classroom Paraprofessionals
- . Substitute Teachers
- . Lunch Attendants



. Bus Drivers



. Substitute Secretaries

For more information, go to:

https://www.quincypublicschools.com/our\_district/academic\_support/human\_resources\_department/current\_employment\_opportunities

Or call the QPS Human Resources Department at 617-984-8767

If you are interested or have any questions, please contact our Beechwood Knoll Secretary Mrs. DeLancey at 617-984-8781 or kaitlindelancey@quincypublicschools.com

